

4th International Congress on **Neurobiology, Psychopharmacology & Treatment Guidance**

*Focus on patient
empowerment and rehabilitation*

ICNP2015



May 14th-17th, 2015

Agios Nikolaos Crete, Greece, Dessole Hermes Hotel



2008 • ISNP

**INTERNATIONAL SOCIETY of NEUROBIOLOGY
& PSYCHOPHARMACOLOGY**



World Psychiatric Association

Under the auspices of:



**School of Medicine
Aristotle University of Thessaloniki, Greece**



**Psychiatric Association
for Eastern Europe and the Balkans**



European Psychiatric Association



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World Association for Social Psychiatry

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Final Program & Abstract Book

Scientific Program

Thursday, May 14th 2015 - Hermina Hall

09.30-11.00 **SYMPOSIUM**

IS THERE A ROLE FOR DEPOT CLINICS IN THE MODERN MANAGEMENT OF PSYCHOSIS?

Chairperson: **Evangelia Maria Tsapakis** (Greece)

Promotion of recovery in Schizophrenia: The role of maintenance antipsychotic medication

Evangelia Maria Tsapakis (Greece)

Depot antipsychotics in first- episode Psychosis - Pros, cons and reservations

Styliani Papadopoulou (Greece), **Trisevgeni Dimopoulou** (Greece),

Evangelia Maria Tsapakis (Greece)

Psychopathology, side-effects and quality of life in depot clinic attenders with psychosis: A 12-month follow-up

Trisevgeni Dimopoulou (Greece), **Konstantina Peraki** (Greece),

Styliani Papadopoulou (Greece), **Emmanuel Dolapsakis** (Greece),

Evangelia Maria Tsapakis (Greece)

Monitoring the decision making competence and adherence of patients with Schizophrenia and schizoaffective disorder on LAI treatment

Maria Nystazaki (Greece), **Katerina Pikouli** (Greece), **Agapi Georgou** (Greece),
Dimitrios Ploumpidis (Greece), **George Alevizopoulos** (Greece)

11.00-11.30 **Coffee Break**

11.30-13.00 **SYMPOSIUM**

SUICIDES AND SUICIDALITY IN CRETE: A MULTI-DIMENSIONAL PHENOMENON

Chairperson: **Alexandros Vgontzas** (Greece)

Medicolegal aproach of suicide in Crete

Aikaterini Kanaki (Greece)

Suicides in Crete: Psychological autopsy, a useful research tool

Anastasia E. Kastanaki (Greece)

Suicide attempts in Heraklion, Crete during the economic crisis: 2008-2014

Maria Basta (Greece)

Suicides in Crete during the economic crisis: Reality vs myth

Alexandros Vgontzas (Greece)

Thursday, May 14th 2015 - Hermina Hall

13.00-14.30 **SYMPOSIUM**

BIPOLAR DISORDER AND OFFENDING

Chairpersons: **Athanasis Douzenis** (Greece), **Christos Tsopelas** (Greece)

Aspects of violent behaviour, offending and punishment in ancient Greek literature

George Tzeferakos (Greece)

Bipolar disorder and criminality

Christos Tsopelas (Greece)

Management of offenders with Bipolar Affective Disorder in the community

Athanasis Douzenis (Greece)

14.30-16.30 **Noon break**

16.30-17.30 **PLENARY LECTURE**

Chairperson: **Charalampos Touloumis** (Greece)

Advances in the management of acute agitation and behavioural problems in the Elderly

Istvan Boksay (USA)

17.30-19.00 **SYMPOSIUM**

ISSUES THAT ARISE IN THE THERAPY OF BD

Chairpersons: **Charalampos Touloumis** (Greece), **Christos Tsopelas** (Greece)

Metabolic aspects in BD

Christos Tsopelas (Greece)

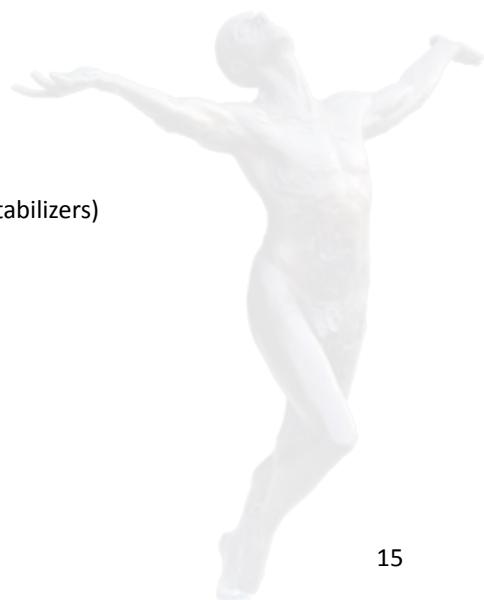
Adverse events of Lithium therapy

Charalampos Touloumis (Greece)

Adverse events of anticonvulsants (mood stabilizers)

Maria Dimitraka (Greece)

19.00-19.30 **Coffee Break**



Thursday, May 14th 2015 - Hermina Hall

19.30-21.00 **SYMPOSIUM**

**DISORDERS AND DYSFUNCTIONS OF THE BASIC HUMAN NEEDS: CONCEPTUAL
ISSUES AND APPROACHES TO MANAGEMENT**

Chairperson: **Dimitrios Dikeos** (Greece)

Sleep disorders

Dimitrios Dikeos (Greece)

Eating disorders

Fragiskos Gonidakis (Greece)

Sexual disorders and dysfunctions: Conceptual issues and approaches to
management

Fotini Ferenidou (Greece)

21.00

Dinner



Friday, May 15th 2015 - Hermina Hall

09.00-10.30 **SYMPOSIUM**

**THE PSYCHIATRIST BETWEEN CLINICAL, REHABILITATION AND WORK
MANAGEMENT: A FOCUS ON THESE MAIN MATTERS**

Chairperson: **Giuseppe Tavormina** (Italy)

The mixed states: A “new” nosological entity

Sandro Elisei (Italy), **Roberto Quartesan** (Italy), **Norma Verdolini** (Italy)

The GT-MSRS: A new rating scale for mixed states

Giuseppe Tavormina (Italy)

Efficacy of LAI in first episode psychosis: Clinical reports of an observational study

Alba Cervone (Italy), **Maria Ferrara** (Italy), **Claudio Massaro** (Italy)

Psychiatric caregiver stress: The management of the patients

Francesco Franzia (Italy)

10.30-11.30 **LECTURE**

Chairperson: **Xenia Gonda** (Hungary)

Exploration of the individual variability in mice behavioural response to lithium

Nirit Z. Kara (Israel) and **Haim Einat** (Israel)

11.30-12.00 **Coffee Break**

12.00-13.30 **SYMPOSIUM**

**COGNITIVE DISORDERS IN BRAIN AGING: FROM THERAPEUTIC TARGETS TO
TREATMENT STRATEGIES**

Chairpersons: **Constantin Bouras** (Switzerland),
Panteleimon Giannakopoulos (Switzerland)

Normal brain aging: How lesions begin?

Constantin Bouras (Switzerland)

The vascular component of Alzheimer disease

Enikö Kövari (Switzerland)

Amyloid or Tau: Challenges and doubts in AD research

Panteleimon Giannakopoulos (Switzerland)

Can one prevent AD?

Gabriel Gold (Switzerland)

Friday, May 15th 2015 - Hermina Hall

13.30-14.30 **SATELLITE LECTURE**

The role of cognitive symptoms in the course of depression
Ioannis Michopoulos (Greece)

The lecture is sponsored by  

14.30-16.30 **Noon break**

16.30-18.00 **SYMPOSIUM**

LITHIUM 2015: AN UPDATE ON CLINICAL, NEUROBIOLOGICAL, GENOMIC AND CELLULAR ASPECTS

Chairperson: **Thomas G. Schulze** (Germany)

Lithium for prevention of mood episodes in bipolar disorders: Systematic review and meta-analysis

Philipp Ritter (Germany)

Imaging and lithium - Principles and possibilities

David Cousins (UK)

Genomewide association and prospective validation study implicate a long noncoding (lnc) RNA in response to lithium for bipolar disorder

Thomas G. Schulze (Germany)

Effects of lithium on gene expression modulation: Findings from in-vitro studies in patients-derived cell lines

Alessio Squassina (Italy)



Friday, May 15th 2015 - Hermina Hall

18.00-19.30 **SYMPOSIUM**

**THE ROLE OF GAMMA-BAND OSCILLATIONS IN UNDERSTANDING THE
PATHOPHYSIOLOGY OF SCHIZOPHRENIA**

Chairperson: **Christoph Mulert** (Germany)

Alterations of the auditory evoked gamma-band response in schizophrenia:
Disturbed gamma-band specific network revealed by means of EEG-informed
fMRI

Gregor Leicht (Germany)

Auditory verbal hallucinations related to altered interhemispheric connectivity

Saskia Steinmann (Germany)

Resting-state gamma-band connectivity and symptoms in first-episode
Schizophrenia

Christina Andreou (Germany)

Glutamate hypothesis and gamma oscillations in Schizophrenia - New insights
from genetic analyses and pharmacological models

Christoph Mulert (Germany)

19.30-20.00 **Coffee Break**

20.00-21.00 **SATELLITE LECTURE**

Chairperson: **Dimitrios Dikeos** (Greece)

Improving outcomes in Schizophrenia: The role of long acting injectable
antipsychotics

Charalampos Touloumis (Greece)

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21.00 **Dinner**

Saturday, May 16th 2015 - Hermina Hall

08.00-09.30 **SYMPOSIUM**

PRIMARY CARE OF NEUROCOGNITIVE DISORDERS

Chairpersons: **Hans Förstl** (Germany), **Alexander Kurz** (Germany)

Non- pharmacological treatments of neurocognitive disorders

Alexander Kurz (Germany)

Pharmacological therapies of cognitive deficits

Robert Perneczky (UK)

Pharmacological therapies of behavioural and psychological symptoms of neurocognitive disorders

Panagiotis Alexopoulos (Germany)

New conceptualisation of neurocognitive disorders: Implications for primary care

Hans Förstl (Germany)

09.30-10.00 **LECTURE**

Chairperson: **Athanasis Douzenis** (Greece)

Is depression in men underestimated and undertreated?

Anne Maria Moeller-Leimkühler (Germany)

10.00-11.30 **SYMPOSIUM**

UNCHARTED ISSUES IN THE MANAGEMENT OF BIPOLAR DISORDER

Chairpersons: **Giuseppe Tavormina** (Italy), **Haim Einat** (Israel)

Pros and cons of network analysis for bipolar treatments

Aysegül Yıldız (Turkey)

When bad is good and good is bad: Evolutional and cultural aspects of affective illness from symptoms to treatment

Xenia Gonda (Hungary)

Bipolar mixed states and suicidality

Dina Popovic (Spain)

11.30-12.00 **LECTURE**

Chairperson: **Venetsanos Mavreas** (Greece)

Treatment guidelines for schizophrenia: An update

Petros Fotiadis (Greece)

Saturday, May 16th 2015 - Hermina Hall

12.00-16.30 **CEREMONY ON STIGMA AND MENTAL ILLNESS**

Location: Island of Spinalonga

Coordinator: **Konstantinos N. Fountoulakis** (Greece)

Speakers: **Alexandros Vgontzas** (Greece), **Charalambos Papageorgiou** (Greece),
Venetsanos Mavreas (Greece)

17.00-17.30 **LECTURE**

Chairpersons: **Hans-Jürgen Moeller** (Germany), **Siegfried Kasper** (Austria)

The CINP treatment guidelines for bipolar disorder in adults

Konstantinos N. Fountoulakis (Greece)

17.30-18.30 **LECTURE**

Chairperson: **Siegfried Kasper** (Austria)

Neurobiological background, assessment and psychopharmacological treatment of negative symptoms

Hans-Jürgen Moeller (Germany)

18.30-19.00 **Coffee Break**

19.00-19.30 **LECTURE**

Chairperson: **Charalambos Papageorgiou** (Greece)

Psychopharmacology in ancient Greece

Basileios Alevizos (Greece)

19.30-20.00 **LECTURE**

Chairperson: **Charalambos Papageorgiou** (Greece)

Attenuated Psychosis Syndrome: Some questions to be addressed

Vasileios Kontaxakis (Greece)

20.00-21.00 **LECTURE**

Chairperson: **Hans-Jürgen Moeller** (Germany)

Where do psychiatry and mental health (brain health) stand today and what to expect in the future

Siegfried Kasper (Austria)

21.00-21.30 **Awards Ceremony**

Chairperson: **Hagop S. Akiskal** (USA)

21.30 **Dinner**

Sunday, May 17th 2015 - Hermina Hall

09.00-10.30 **SYMPOSIUM**

NEUROCOGNITIVE DISORDER IN UNIPOLAR MAJOR DEPRESSION

Chairperson: **Konstantinos N. Fountoulakis** (Greece)

General neurocognitive functioning, intelligence quotient (IQ), psychomotor and mental speed and attention in unipolar depression

Stella Miziou (Greece)

Memory, learning and verbal and visuospatial impairment

Eirini Tsitsipa (Greece)

Executive function impairment and insight concerning the neurocognitive deficit

Stefania Moysidou (Greece)

Clinical correlates and the long term development and course of the neurocognitive deficit

Vangelis Karavelas (Greece)

10.30-12.00 **SYMPOSIUM**

EVIDENCE BASED TREATMENT OF BIPOLAR DISORDER WITH THE CLINICAL PICTURE AS GUIDE

Chairperson: **Konstantinos N. Fountoulakis** (Greece)

Historical perspective of the evolution of the diagnosis and treatment of bipolar disorder

Filippos Kouniakis (Greece)

Important clinical features as targets for treatment intervention: What to look for

Dimos Dimellis (Greece)

How to best treat bipolar disorder by taking into consideration the clinical picture

Vangelis Karavelas (Greece)



Sunday, May 17th 2015 - Hermina Hall

12.00-13.30 **SYMPOSIUM**

**DISCUSSING THE INTEGRATION ON MENTAL HEALTH TREATMENT AND
BEHAVIOURAL HEALTH CARE INTO PRIMARY CARE: THEORETICAL INSIGHTS
AND EXPERIENCES GAINED IN GREECE**

Chairperson: **Christos Lionis** (Greece)

Integration of community mental health services into mainstream primary care:
The Achilles' Heel of the Greek psychiatric reform

Pavlos Theodorakis (Greece)

Sectorization as the main vehicle towards primary care and mental health
integration

Sotirios Koupidis (Greece)

Patient centered medical home: Is that model feasible and suitable to the Greek
setting?

Christos Lionis (Greece)

13.30-14.30 **Closing Ceremony**

