

ICNP2015

4th International Congress on Neurobiology, Psychopharmacology & Treatment Guidance

*Focus on psychiatry
in private practice and primary care*



INTERNATIONAL SOCIETY OF NEUROBIOLOGY
& PSYCHOPHARMACOLOGY



World Psychiatric Association

Under the auspices of:



School of Medicine
Aristotle University of Thessaloniki, Greece



Psychiatric Association
for Eastern Europe and the Balkans



European Psychiatric Association



Hellenic Psychiatric Association



World Association for Social Psychiatry

SCIENTIFIC PROGRAM

Thursday, May 14th 2015

Hermina Hall

10.00-11.30 SYMPOSIUM

IS THERE A ROLE FOR DEPOT CLINICS IN THE MODERN MANAGEMENT OF PSYCHOSIS?
Chairperson: Evangelia Tsapakis (Greece)

Promotion of recovery in Schizophrenia: The role of maintenance antipsychotic medication

Evangelia Tsapakis (Greece)

Depot antipsychotics in first- episode Psychosis – Pros, Cons and Reservations

Styliani Papadopoulou (Greece), Trisevgeni Dimopoulou (Greece),

Evangelia Tsapakis (Greece)

Psychopathology, side-effects and quality of life in depot clinic attenders with psychosis:
A 12-month follow-up

Trisevgeni Dimopoulou (Greece), Konstantina Peraki (Greece), Styliani Papadopoulou (Greece), Emmanuel Dolapsakis (Greece), Evangelia Tsapakis (Greece)

Monitoring the decision making competence and adherence of patients with Schizophrenia and schizoaffective disorder on LAI treatment

Maria Nystazaki (Greece), Katerina Pikouli (Greece), Agapi Georgou (Greece), Dimitrios Ploumbidis (Greece), George Alevizopoulos (Greece)

11.30-12.00 Coffee Break

12.00-13.30 SYMPOSIUM

BIPOLAR DISORDER AND OFFENDING

Chairpersons: Athanasios Douzenis (Greece) and Christos Tsopelas (Greece)

Aspects of violent behaviour, offending and punishment in Ancient Greek literature

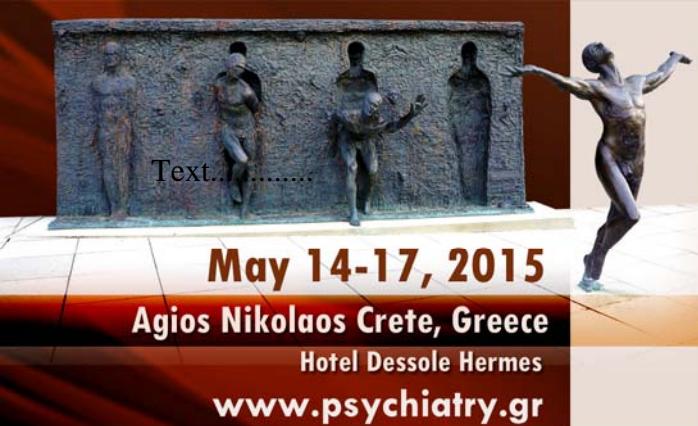
George Tzeferakos (Greece)

Bipolar disorder and criminality

Christos Tsopelas (Greece)

Management of offenders with Bipolar Affective Disorder in the community

Athanasios Douzenis (Greece)



Text.....

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13.30 14.30 PLENARY LECTURE

Chairperson: **Athanasiou Douzenis (Greece)**

Platelet Serotonin Re-Uptake Velocity Predicts Anterior Cingulate Activity
Lukas Pezawas (Austria)

14.30-16.30 Lunch Break

16.30-17.30 PLENARY LECTURE

Chairperson: **Charalambos Touloumis (Greece)**

Advances in the management of acute agitation and behavioural problems in the Elderly
Istvan Boksay (USA)

17.30-19.00 SYMPOSIUM

ISSUES THAT ARISE IN THE THERAPY OF BD

Chairpersons: **Charalampos Touloumis (Greece) and Christos Tsopelas (Greece)**

Metabolic aspects in BD
Christos Tsopelas (Greece)

Adverse events of Lithium therapy
Charalampos Touloumis (Greece)

Adverse events of anticonvulsants (Mood stabilizers)
Maria Dimitrakou (Greece)

19.00-19.30 Coffee Break

19.30-21.00 SYMPOSIUM

**DISORDERS AND DYSFUNCTIONS OF THE BASIC HUMAN NEEDS: CONCEPTUAL ISSUES
AND APPROACHES TO MANAGEMENT**

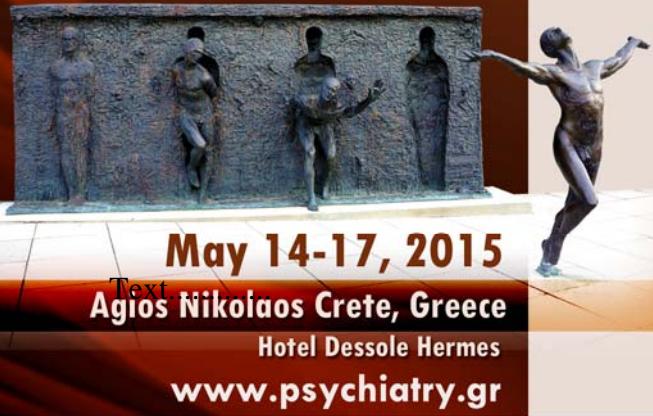
Chairperson: **Dimitrios Dikeos (Greece)**

Sleep disorders
Dimitrios Dikeos (Greece)

Eating disorders
Fragiskos Gonidakis (Greece)

Sexual disorders and dysfunctions
Fotini Ferenidou (Greece)

21.00 Dinner



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Friday, May 15th 2015

Hermina Hall

09.00-10.30 SYMPOSIUM

THE PSYCHIATRIST BETWEEN CLINICAL, REHABILITATION AND WORK MANAGEMENT: A FOCUS ON THESE MAIN MATTERS

Chairperson: **Giuseppe Tavormina (Italy)**

The mixed states: A 'new' nosological entity

Sandro Elisei (Italy), Roberto Quartesan (Italy), Norma Verdolini (Italy)

The 'GT-MSRS: A new rating scale for mixed states

Giuseppe Tavormina (Italy)

Efficacy of LAI in first episode psychosis: Clinical reports of an observational study

Alba Cervone (Italy), M. Ferrara (Italy), C. Massaro (Italy).

Psychiatric caregiver stress: The management of the patients

Francesco Franzia (Italy)

10.30-11.30 LECTURE

Chairperson: **Xenia Gonda (Hungary)**

Exploration of the individual variability in mice behavioural response to lithium

Nirit Z. Kara (Israel) and Haim Einat (Israel)

11.30-12.00 Coffee Break

12.00-13.30 SYMPOSIUM

COGNITIVE DISORDERS IN BRAIN AGING: FROM THERAPEUTIC TARGETS TO TREATMENT STRATEGIES

Chairpersons: **Constantin Bouras (Switzerland) and Panteleimon Giannakopoulos (Switzerland)**

Normal brain aging: How lesions begin?

Constantin Bouras (Switzerland)

The vascular component of Alzheimer disease

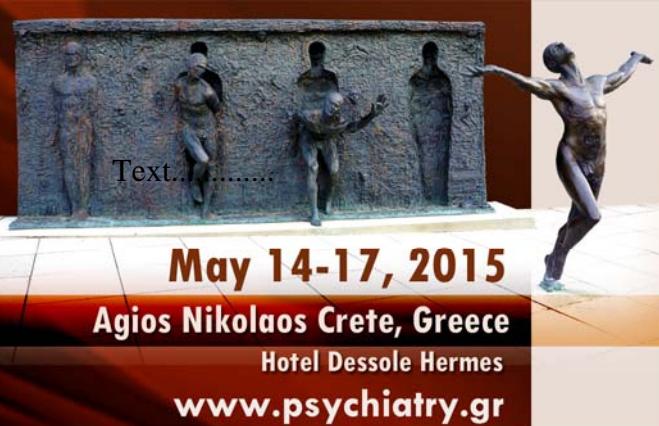
Enikő Kövari (Switzerland)

Amyloid or Tau: Challenges and doubts in AD research

Panteleimon Giannakopoulos (Switzerland)

Can one prevent AD?

Gabriel Gold (Switzerland)



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13.30-14.30 SATELLITE LECTURE (SPONSORED BY LUNDBECK)

14.30-16.30 Lunch Break

16.30-18.00 SYMPOSIUM

LITHIUM 2015: AN UPDATE ON CLINICAL, NEUROBIOLOGICAL, GENOMIC, AND CELLULAR ASPECTS

Chairperson: **Thomas G. Schulze (Germany)**

Lithium for prevention of mood episodes in bipolar disorders: Systematic review and meta-analysis

Philipp Ritter (Germany)

Imaging and lithium - Principles and possibilities

David Cousins (UK)

Genomewide association and prospective validation study implicate a long noncoding (lnc) RNA in response to lithium for bipolar disorder

Thomas G. Schulze (Germany)

Effects of lithium on gene expression modulation: Findings from in-vitro studies in patients-derived cell lines

Alessio Squassina (Italy)

18.00-19.30 SYMPOSIUM

THE ROLE OF GAMMA-BAND OSCILLATIONS IN UNDERSTANDING THE PATHOPHYSIOLOGY OF SCHIZOPHRENIA

Chairperson: **Christoph Mulert (Germany)**

Alterations of the auditory evoked gamma-band response in schizophrenia: disturbed gamma-band specific network revealed by means of EEG-informed fMRI

Gregor Leicht (Germany)

Auditory verbal hallucinations related to altered interhemispheric connectivity

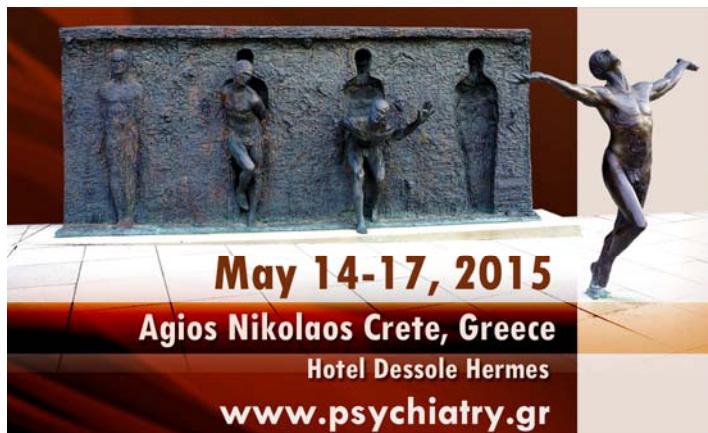
Saskia Steinmann (Germany)

Resting-state gamma-band connectivity and symptoms in first-episode Schizophrenia

Christina Andreou (Germany)

Glutamate hypothesis and gamma oscillations in Schizophrenia – New insights from genetic analyses and pharmacological models

Christoph Mulert (Germany)



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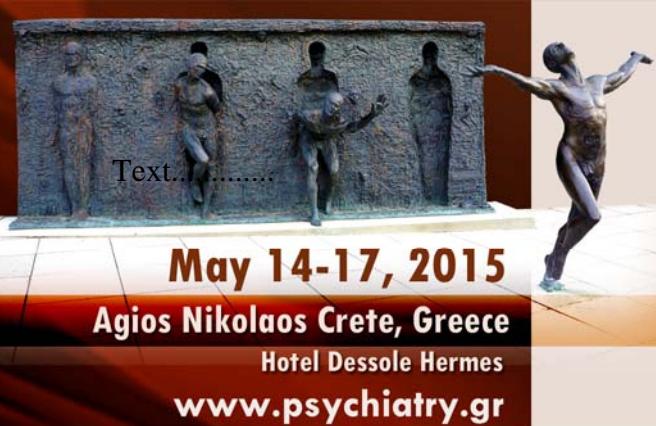


World Association for Social Psychiatry

19.30-20.00 **Coffee Break**

20.00-21.00 **SATELLITE LECTURE (SPONSORED BY PHARMASERVE LILLY)**

21.00 **Dinner**



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Saturday May 16th 2015

Hermina Hall

08.00-09.30 SYMPOSIUM

PRIMARY CARE OF NEUROCOGNITIVE DISORDERS

Chairpersons: Hans Förstl (Germany) and Alexander Kurz (Germany)

Non- pharmacological treatments of neurocognitive disorders
Alexander Kurz (Germany)

Pharmacological therapies of neurocognitive disorders
Robert Perneczky (UK)

Pharmacological therapies of behavioural and psychological symptoms of neurocognitive disorders
Panagiotis Alexopoulos (Germany)

New conceptualisation of neurocognitive disorders: Implications for primary care
Hans Förstl (Germany)

09.30-10.00 LECTURE

Chairperson: Athanasios Douzenis (Greece)

Is depression in men underestimated and undertreated?
Anne Maria Möller-Leimkühler (Germany)

10.00-11.15 SYMPOSIUM

UNCHARTED ISSUES IN THE MANAGEMENT OF BIPOLAR DISORDER

Chairpersons: Giuseppe Tavormina (Italy) and Haim Einat (Israel)

Pros and Cons of Network analysis for Bipolar treatments
Aysegül Yıldız (Turkey)

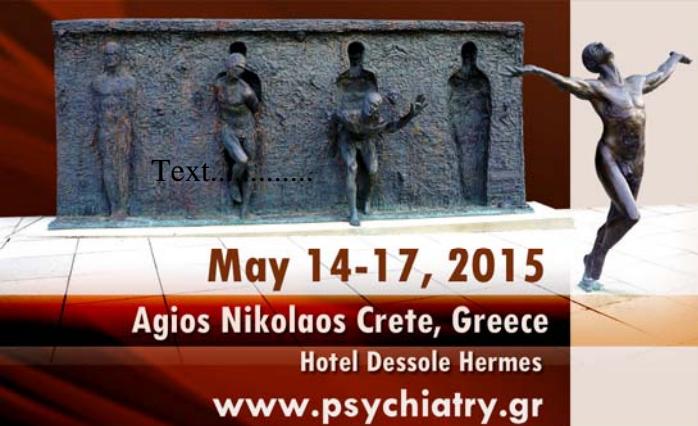
When bad is good and good is bad: Evolutional and cultural aspects of affective illness
from symptoms to treatment
Xenia Gonda (Hungary)

Bipolar mixed states and suicidality
Dina Popovic (Spain)

11.15-12.00 LECTURE

Chairperson: Venetsanos Mavreas (Greece)

Treatment guidelines for schizophrenia: An update
Petros Fotiadis (Greece)



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12.00-17.00 CEREMONY ON STIGMA AND MENTAL ILLNESS

Location: Island of Spinalonga

Coordinator: Konstantinos N. Fountoulakis (Greece)

Speakers: Alexandros Vgontzas (Greece), Charalambos Papageorgiou (Greece), Venetsanos Mavreas (Greece)

17.00-17.30 LECTURE

Chairpersons: Hans-Jurgen Moeller (Germany) and Siegfried Kasper (Austria)

The CINP guidelines for the treatment of Bipolar Disorder

Konstantinos N. Fountoulakis (Greece)

17.30-18.30 LECTURE

Chairperson: Siegfried Kasper (Austria)

Neurobiological background, assessment and psychopharmacological treatment of negative symptoms

Hans-Jurgen Moeller (Germany)

18.30-19.00 Coffee Break

19.00-19.30 LECTURE

Chairperson: Charalambos Papageorgiou (Greece)

Psychopharmacology in ancient Greece

Basileios Alevizos (Greece)

19.30-20.00 Lecture

Chairperson: Charalambos Papageorgiou (Greece)

Attenuated Psychosis Syndrome: Some questions to be addressed

Vasileios Kontaxakis (Greece)

20.00-21.00 LECTURE

Chairperson: Hans-Jurgen Moeller (Germany)

Where do psychiatry and mental health (brain health) stand today and what to expect in the future

Siegfried Kasper (Austria)

21.00-21.30 Awards Ceremony

21.30 Dinner



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Sunday, May 17th 2015

Hermina Hall

09.00-10.30 SYMPOSIUM

NEUROCOGNITIVE DISORDER IN UNIPOLAR MAJOR DEPRESSION

Chairperson: **Konstantinos N. Fountoulakis (Greece)**

The deficit in general neurocognitive function, mental speed and attention/concentration

Stella Miziou (Greece)

Memory, learning and verbal and visuospatial impairment

Eirini Tsitipa (Greece)

Executive function impairment and insight concerning the neurocognitive deficit

Stefania Moysidou (Greece)

Clinical correlates and the long term development and course of the neurocognitive deficit

Vangelis Karavelas (Greece)

10.30-12.00 SYMPOSIUM

EVIDENCE BASED TREATMENT OF BIPOLAR DISORDER WITH THE CLINICAL PICTURE AS GUIDE

Chairperson: **Konstantinos N. Fountoulakis (Greece)**

Historical perspective of the evolution of the diagnosis and treatment of bipolar disorder

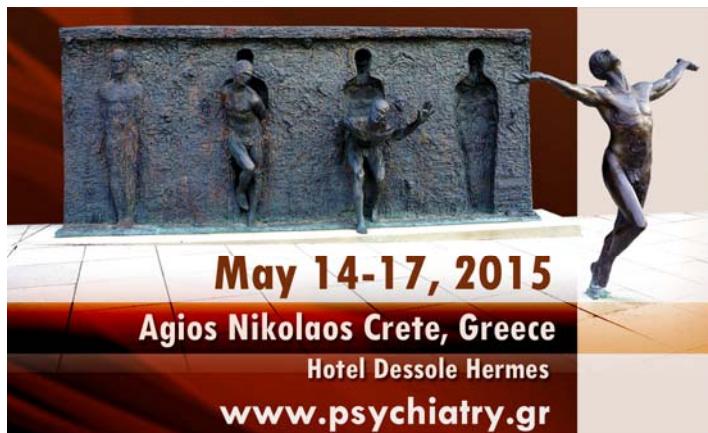
Filippos Kounakis (Greece)

Important clinical features as targets for treatment intervention: what to look for

Dimos Dimelis (Greece)

How to best treat bipolar disorder by taking into consideration the clinical picture

Vangelis Karavelas (Greece)



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12.00-13.30 SYMPOSIUM

**DISCUSSING THE INTEGRATION ON MENTAL HEALTH TREATMENT AND BEHAVIOURAL
HEALTH CARE INTO PRIMARY CARE: THEORETICAL INSIGHTS AND EXPERIENCES
GAINED IN GREECE**

Chairperson: Christos Lionis (Greece)

Integration of community mental health services into mainstream primary care: The Achilles' Heel of the Greek psychiatric reform

Pavlos Theodorakis (Greece)

Sectorization as the main vehicle towards primary care and mental health integration
Sotirios Koupidis (Greece)

Patient centered medical home: Is that model feasible and suitable to the Greek setting?

Christos Lionis (Greece)

13.30-14.30 Closing Ceremony