

May 14-17, 2015
Agios Nikolaos Crete, Greece
Hotel Dessoie Hermes
www.psychiatry.gr

ICNP2015

4th International Congress on **Neurobiology, Psychopharmacology & Treatment Guidance**

*Focus on psychiatry
 in private practice and primary care*



INTERNATIONAL SOCIETY of NEUROBIOLOGY
 & PSYCHOPHARMACOLOGY



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SCIENTIFIC PROGRAM

Thursday, May 14th 2015

Hermina Hall

10.00-11.30 **SYMPOSIUM**

IS THERE A ROLE FOR DEPOT CLINICS IN THE MODERN MANAGEMENT OF PSYCHOSIS?
 Chairperson: **Evangelia Tsapakis (Greece)**

Promotion of recovery in Schizophrenia: The role of maintenance antipsychotic medication
Evangelia Tsapakis (Greece)

Depot antipsychotics in first-episode Psychosis – Pros, Cons and Reservations
**Styliani Papadopoulou (Greece), Trisevgeni Dimopoulou (Greece),
 Evangelia Tsapakis (Greece)**

Psychopathology, side-effects and quality of life in depot clinic attenders with psychosis:
 A 12-month follow-up
**Trisevgeni Dimopoulou (Greece), Konstantina Peraki (Greece), Styliani Papadopoulou
 (Greece), Emmanuel Dolapsakis (Greece), Evangelia Tsapakis (Greece)**

Monitoring the decision making competence and adherence of patients with
 Schizophrenia and schizoaffective disorder on LAI treatment
**Maria Nystazaki (Greece), Katerina Pikouli (Greece), Agapi Georgou (Greece), Dimitrios
 Ploumbidis (Greece), George Alevizopoulos (Greece)**

11.30-12.00 **Coffee Break**

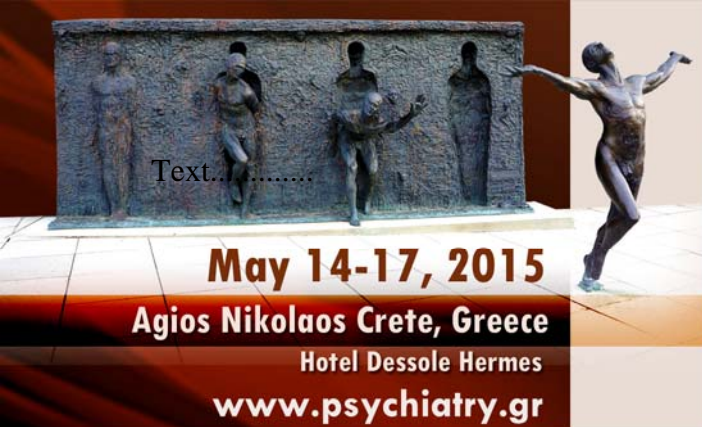
12.00-13.30 **SYMPOSIUM**

BIPOLAR DISORDER AND OFFENDING
 Chairpersons: **Athanasios Douzenis (Greece) and Christos Tsopelas (Greece)**

Aspects of violent behaviour, offending and punishment in Ancient Greek literature
George Tzeferakos (Greece)

Bipolar disorder and criminality
Christos Tsopelas (Greece)

Management of offenders with Bipolar Affective Disorder in the community
Athanasios Douzenis (Greece)



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13.30-14.30 PLENARY LECTURE
Chairperson: Athanasios Douzenis (Greece)

Platelet Serotonin Re-Uptake Velocity Predicts Anterior Cingulate Activity
Lukas Pezawas (Austria)

14.30-16.30 Lunch Break

16.30-17.30 PLENARY LECTURE
Chairperson: Charalambos Touloumis (Greece)

Advances in the management of acute agitation and behavioural problems in the Elderly
Istvan Boksa (USA)

17.30-19.00 SYMPOSIUM
ISSUES THAT ARISE IN THE THERAPY OF BD
Chairpersons: Charalampos Touloumis (Greece) and Christos Tsopelas (Greece)

Metabolic aspects in BD
Christos Tsopelas (Greece)

Adverse events of Lithium therapy
Charalampos Touloumis (Greece)

Adverse events of anticonvulsants (Mood stabilizers)
Maria Dimitraka (Greece)

19.00-19.30 Coffee Break

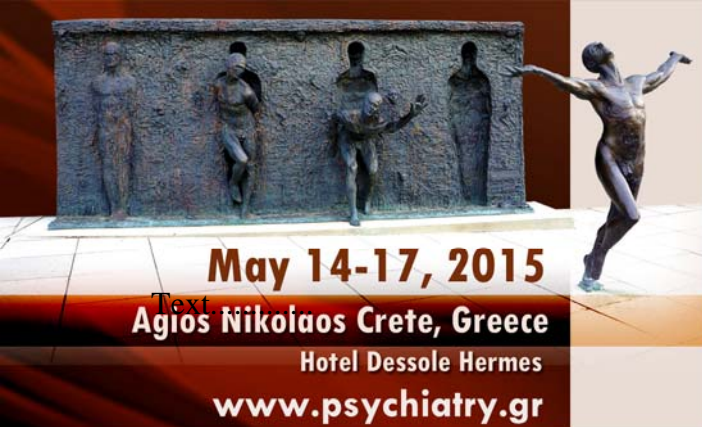
19.30-21.00 SYMPOSIUM
**DISORDERS AND DYSFUNCTIONS OF THE BASIC HUMAN NEEDS: CONCEPTUAL ISSUES
AND APPROACHES TO MANAGEMENT**
Chairperson: Dimitrios Dikeos (Greece)

Sleep disorders
Dimitrios Dikeos (Greece)

Eating disorders
Fragiskos Gonidakis (Greece)

Sexual disorders and dysfunctions
Fotini Ferenidou (Greece)

21.00 Dinner



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Friday, May 15th 2015

Hermina Hall

09.00-10.30 SYMPOSIUM

**THE PSYCHIATRIST BETWEEN CLINICAL, REHABILITATION AND WORK MANAGEMENT: A
FOCUS ON THESE MAIN MATTERS**

Chairperson: **Giuseppe Tavormina (Italy)**

The mixed states: A 'new' nosological entity

Sandro Elisei (Italy), Roberto Quatesan (Italy), Norma Verdolini (Italy)

The 'GT-MSRS: A new rating scale for mixed states

Giuseppe Tavormina (Italy)

Efficacy of LAI in first episode psychosis: Clinical reports of an observational study

Alba Cervone (Italy), M. Ferrara (Italy), C. Massaro (Italy).

Psychiatric caregiver stress: The management of the patients

Francesco Franza (Italy)

10.30-11.30 LECTURE

Chairperson: **Xenia Gonda (Hungary)**

Exploration of the individual variability in mice behavioural response to lithium

Nirit Z. Kara (Israel) and Haim Einat (Israel)

11.30-12.00 Coffee Break

12.00-13.30 SYMPOSIUM

**COGNITIVE DISORDERS IN BRAIN AGING: FROM THERAPEUTIC TARGETS TO TREATMENT
STRATEGIES**

Chairpersons: **Constantin Bouras (Switzerland) and Panteleimon Giannakopoulos
(Switzerland)**

Normal brain aging: How lesions begin?

Constantin Bouras (Switzerland)

The vascular component of Alzheimer disease

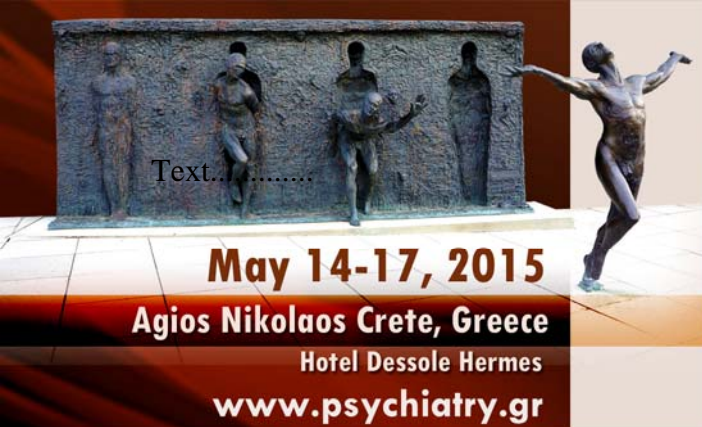
Enikő Kövari (Switzerland)

Amyloid or Tau: Challenges and doubts in AD research

Panteleimon Giannakopoulos (Switzerland)

Can one prevent AD?

Gabriel Gold (Switzerland)



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13.30-14.30 **SATELLITE LECTURE (SPONSORED BY LUNDBECK)**

14.30-16.30 **Lunch Break**

16.30-18.00 **SYMPOSIUM**

**LITHIUM 2015: AN UPDATE ON CLINICAL, NEUROBIOLOGICAL, GENOMIC, AND
 CELLULAR ASPECTS**

Chairperson: **Thomas G. Schulze (Germany)**

Lithium for prevention of mood episodes in bipolar disorders: Systematic review and
 meta-analysis

Philipp Ritter (Germany)

Imaging and lithium - Principles and possibilities

David Cousins (UK)

Genomewide association and prospective validation study implicate a long noncoding
 (lnc) RNA in response to lithium for bipolar disorder

Thomas G. Schulze (Germany)

Effects of lithium on gene expression modulation: Findings from in-vitro studies in
 patients-derived cell lines

Alessio Squassina (Italy)

18.00-19.30 **SYMPOSIUM**

**THE ROLE OF GAMMA-BAND OSCILLATIONS IN UNDERSTANDING THE
 PATHOPHYSIOLOGY OF SCHIZOPHRENIA**

Chairperson: **Christoph Mulert (Germany)**

Alterations of the auditory evoked gamma-band response in schizophrenia: disturbed
 gamma-band specific network revealed by means of EEG-informed fMRI

Gregor Leicht (Germany)

Auditory verbal hallucinations related to altered interhemispheric connectivity

Saskia Steinmann (Germany)

Resting-state gamma-band connectivity and symptoms in first-episode Schizophrenia

Christina Andreou (Germany)

Glutamate hypothesis and gamma oscillations in Schizophrenia – New insights from
 genetic analyses and pharmacological models

Christoph Mulert (Germany)



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19.30-20.00 Coffee Break

20.00-21.00 SATELLITE LECTURE (SPONSORED BY PHARMASERVE LILLY)

21.00 Dinner



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Saturday May 16th 2015

Hermina Hall

08.00-09.30 SYMPOSIUM

PRIMARY CARE OF NEUROCOGNITIVE DISORDERS

Chairpersons: **Hans Förstl (Germany) and Alexander Kurz (Germany)**

Non- pharmacological treatments of neurocognitive disorders
Alexander Kurz (Germany)

Pharmacological therapies of neurocognitive disorders
Robert Perneczky (UK)

Pharmacological therapies of behavioural and psychological symptoms of
 neurocognitive disorders
Panagiotis Alexopoulos (Germany)

New conceptualisation of neurocognitive disorders: Implications for primary care
Hans Förstl (Germany)

09.30-10.00 LECTURE

Chairperson: **Athanasios Douzenis (Greece)**

Is depression in men underestimated and undertreated?
Anne Maria Möller-Leimkühler (Germany)

10.00-11.15 SYMPOSIUM

UNCHARTED ISSUES IN THE MANAGEMENT OF BIPOLAR DISORDER

Chairpersons: **Giuseppe Tavormina (Italy) and Haim Einat (Israel)**

Pros and Cons of Network analysis for Bipolar treatments
Ayşegül Yildiz (Turkey)

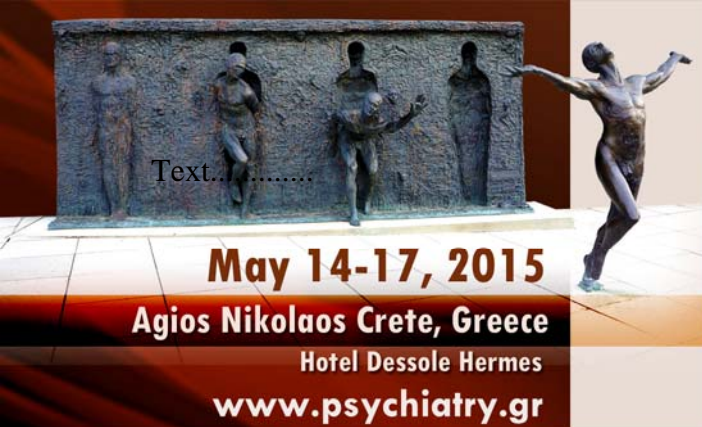
When bad is good and good is bad: Evolutional and cultural aspects of affective illness
 from symptoms to treatment
Xenia Gonda (Hungary)

Bipolar mixed states and suicidality
Dina Popovic (Spain)

11.15-12.00 LECTURE

Chairperson: **Venetsanos Mavreas (Greece)**

Treatment guidelines for schizophrenia: An update
Petros Fotiadis (Greece)



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12.00-17.00 CEREMONY ON STIGMA AND MENTAL ILLNESS

Location: Island of Spinalonga

Coordinator: **Konstantinos N. Fountoulakis (Greece)**

Speakers: **Alexandros Vgontzas (Greece), Charalambos Papageorgiou (Greece), Venetsanos Mavreas (Greece)**

17.00-17.30 LECTURE

Chairpersons: **Hans-Jurgen Moeller (Germany) and Siegfried Kasper (Austria)**

The CINP guidelines for the treatment of Bipolar Disorder

Konstantinos N. Fountoulakis (Greece)

17.30-18.30 LECTURE

Chairperson: **Siegfried Kasper (Austria)**

Neurobiological background, assessment and psychopharmacological treatment of negative symptoms

Hans-Jurgen Moeller (Germany)

18.30-19.00 Coffee Break

19.00-19.30 LECTURE

Chairperson: **Charalambos Papageorgiou (Greece)**

Psychopharmacology in ancient Greece

Basileios Alevizos (Greece)

19.30-20.00 Lecture

Chairperson: **Charalambos Papageorgiou (Greece)**

Attenuated Psychosis Syndrome: Some questions to be addressed

Vasileios Kontaxakis (Greece)

20.00-21.00 LECTURE

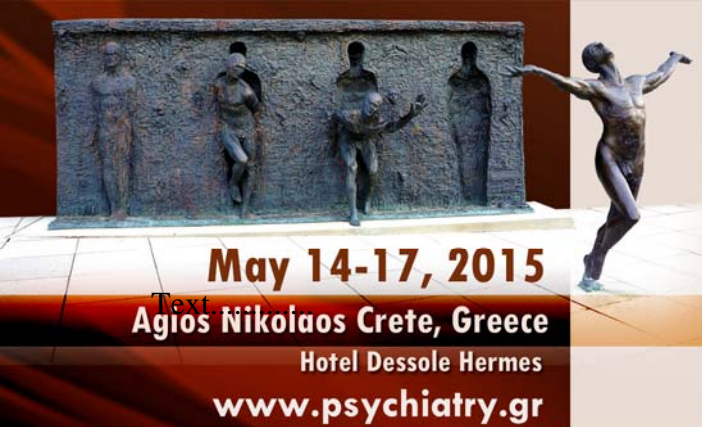
Chairperson: **Hans-Jurgen Moeller (Germany)**

Where do psychiatry and mental health (brain health) stand today and what to expect in the future

Siegfried Kasper (Austria)

21.00-21.30 Awards Ceremony

21.30 Dinner



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Sunday, May 17th 2015

Hermira Hall

09.00-10.30 SYMPOSIUM

NEUROCOGNITIVE DISORDER IN UNIPOLAR MAJOR DEPRESSION

Chairperson: **Konstantinos N. Fountoulakis (Greece)**

The deficit in general neurocognitive function, mental speed and attention/concentration

Stella Miziou (Greece)

Memory, learning and verbal and visuospatial impairment

Eirini Tsitipa (Greece)

Executive function impairment and insight concerning the neurocognitive deficit

Stefania Moysidou (Greece)

Clinical correlates and the long term development and course of the neurocognitive deficit

Vangelis Karavelas (Greece)

10.30-12.00 SYMPOSIUM

EVIDENCE BASED TREATMENT OF BIPOLAR DISORDER WITH THE CLINICAL PICTURE AS GUIDE

Chairperson: **Konstantinos N. Fountoulakis (Greece)**

Historical perspective of the evolution of the diagnosis and treatment of bipolar disorder

Filippos Kouniakakis (Greece)

Important clinical features as targets for treatment intervention: what to look for

Dimos Dimelis (Greece)

How to best treat bipolar disorder by taking into consideration the clinical picture

Vangelis Karavelas (Greece)



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12.00-13.30 SYMPOSIUM

DISCUSSING THE INTEGRATION ON MENTAL HEALTH TREATMENT AND BEHAVIOURAL HEALTH CARE INTO PRIMARY CARE: THEORETICAL INSIGHTS AND EXPERIENCES GAINED IN GREECE

Chairperson: **Christos Lionis (Greece)**

Integration of community mental health services into mainstream primary care: The Achilles' Heel of the Greek psychiatric reform

Pavlos Theodorakis (Greece)

Sectorization as the main vehicle towards primary care and mental health integration

Sotirios Koupidis (Greece)

Patient centered medical home: Is that model feasible and suitable to the Greek setting?

Christos Lionis (Greece)

13.30-14.30 Closing Ceremony